




2018

January

Riverside Elementary East Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	HAPPY NEW YEAR	2	Mozz. Sticks w/Marinara Chicken Patty Sandwich Ham, Turk, Cheese Sand. Seasoned Peas Fresh Baby Carrots Fresh Fruit or Juice	3	Pulled Pork Tacos Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Baked Fries Fresh Celery Sticks Diced Pears or Juice	4	Nacho Platter Cheeseburger Popcorn Chicken Salad Vegetarian Baked Beans Steamed Rice Diced Peaches or Juice	5	Hot Dog on a Bun Cheese Pizza Turkey & Cheese Wrap Baked Tater Tots Steamed Broccoli Garden Salad Mixed Fruit Cup or Juice
8	French Tst Sticks w/Sausage Chicken Patty Sandwich Ham Chef Salad w/WG Crkrs Baked Tater Tots Fresh Broccoli Applesauce or Juice	9	Fish Sticks w/WG Bread Cheeseburger Ham & Cheese Sand. Green Beans Red Pepper Slices Fresh Fruit or Juice	10	Hot Roast Turkey Sand. Chick. Nuggets w/WG Brd. Turkey & Cheese Sand. Orange Glazed Carrots Garden Salad Peach Cups or Juice	11	BBQ Rib Sandwich Chicken Nuggets w/WG Brd. Chicken Caesar Salad Vegetarian Baked Beans Fresh Celery Sticks Blueberries w/Whipped Topping or Juice	12	Hot Dog on a Bun Pepperoni Pizza Ham & Cheese Wrap Steamed Broccoli Fresh Baby Carrots Diced Pears or Juice
15	MARTIN LUTHER KING JR. DAY	16	Hamburger on a Bun Chicken Nuggets w/WG Brd. Turkey & Cheese Wrap Baked Fries Green Beans Garden Salad Fresh Fruit or Juice	17	Hot Dog on a Bun Chick. Nuggets w/WG Brd. Chicken Caesar Salad Steamed Carrots Garden Salad Applesauce or Juice	18	Nacho Platter Cheeseburger All American Chef Salad w/WG Crackers Steamed Rice Vegetarian Beans Blueberries w/Whipped Cream or Juice	19	Grilled Cheese Sand. Cheese Pizza Popcorn Chicken Salad w/WG Crackers Steamed Broccoli Fresh Baby Carrots Mixed Fruit Cup or Juice
22	Meatball Sub Chick Nuggets w/WG Brd. Ham & Cheese Wrap Baked Fries Fresh Tomato Wedges Fresh Fruit or Juice	23	Cheeseburger Chicken Patty Sandwich Turkey Sandwich Green Beans Garden Salad Fresh Fruit or Juice	24	Jumbo Ravioli w/Mar. Sce Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Seasoned Peas Garden Salad Diced Pears or Juice	25	Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ranch Chicken Salad Baked Tater Tots Fresh Baby Carrots Diced Peaches or Juice	26	Chicken Patty Sandwich Pepperoni Pizza Chick. Caesar Salad Baked Tater Tots Garden Salad Mixed Fruit Cup or Juice
29	Ch. Stfd. Brd. Stks w/Mar. Sce. Cheeseburger Ham Chef Salad w/WG Crackers Sweet Golden Corn Fresh Tomato Wedges Fresh Fruit or Juice	30	Pizza Burger Chicken Patty Sandwich Ham & Cheese Sandwich Sweet Peas Baked Fries Fresh Cucumber Slices Peach Cup or Juice	31	Tacos Chicken Nuggets w/WG Bread Turkey & Cheese Sandwich Steamed Rice Vegetarian Beans Garden Salad Fresh Fruit or Juice			PRICES: Free Reduced - \$.40 Paid - \$2.20	

More Info...

Offered Daily
Fresh Fruit
Or Juice

Fresh Vegetables

1% Milk
Skim Milk
Chocolate Skim
Milk

**All Breads, Rolls,
Pasta and Pizza
Dough is Whole
Grain**

**Students must
pick at least one
serving of fruit or
vegetable with
their meal**

Menus are subject to
change without notice.

HEALTHY FOR LIFE

